

DIAGNOSTICS & BIOMAPPING

Home Consultation + Questionnaire

Initial health intake at your home, with clinical questionnaire reviewed by your physician

**AED 750**

Per consultation · concierge

Home Consultation + Biomarkers

Same as above, plus a targeted biomarker draw

**AED 1,000**

Per consultation · concierge

Online Consultation (GP / Functional)

Video consultation with a general practitioner or functional doctor

**AED 600**

Per session

Comprehensive Longevity Blood Panel

120+ biomarkers — cardiovascular, hormonal, metabolic, inflammatory, and longevity markers

**AED 1,000**

Per test · full report included

VO2 Max & Metabolic Rate Testing

Clinical-grade PNOE breath analysis — biological age, VO2 max, fat-burn efficiency, RMR

**AED 1,000**

Per session · concierge

Body Composition Analysis (Simple)

In-home scan covering muscle mass, fat distribution, and visceral fat

**AED 500**

Per scan · concierge

Body Composition Analysis (Advanced)

Clinical-grade DEXA scan at partner facility

**AED 500**

Per scan · partner clinic

Epigenetic Age Testing

DNA methylation analysis revealing your biological age down to tissue level

**AED 3,500**

Per test · full report included

DNA & Nutrigenomic Mapping

Genetic analysis — metabolism, nutrition response, inflammation, longevity variants

**AED 3,500**

Per test · lifetime test

Epigenetic + DNA Combined

Full epigenetic age and nutrigenomic profile — the complete genetic picture

**AED 6,000**

Combined package

Continuous Glucose Monitoring (CGM)

Wearable sensor tracking real-time blood sugar response to food, exercise, and stress

**AED 2,000**

2-week sensor · concierge

Gut Microbiome Mapping

Full microbiome analysis — diversity, dysbiosis, inflammation risk, personalised nutrition insights

**AED 3,000**

Per test

Retinal Scan

Non-invasive eye scan — early vascular and neurological markers

**AED 500**

Per scan · concierge

Oligo Scan

Spectrophotometric scan of heavy metals, oxidative stress, and mineral balance

**AED 750**

Per scan · concierge

Electrocardiogram (ECG) at Home

Clinical-grade heart rhythm and electrical activity recording at your home

**AED 1,500**

Per scan · concierge

24hr Blood Pressure Monitoring

Ambulatory BP cuff worn for 24 hours — true resting and active readings

**AED 3,000**

Per session

MRI Full Body Scan

Whole-body MRI for structural screening of organs, spine, and soft tissue

**AED 6,500**

Per scan · partner centre

CT Scan Full Body

Full-body CT for comprehensive anatomical assessment

**AED 3,500**

Per scan · partner centre

<p><b>Coronary CT Angiography with AI</b> AI-assisted coronary imaging for early cardiac risk detection</p>	<p><b>AED 4,000</b> Per scan · partner centre</p>
<p><b>Brain Mapping</b> Advanced neural imaging and cognitive performance baseline</p>	<p><b>AED 3,000</b> Per scan · partner centre</p>
<p><b>USG Whole Abdomen</b> Ultrasound scan of abdominal organs</p>	<p><b>AED 1,500</b> Per scan · partner centre</p>
<p><b>Breast Ultrasound</b> Ultrasound screening for breast tissue assessment</p>	<p><b>AED 1,000</b> Per scan · partner centre</p>
<p><b>Mammogram</b> Mammographic screening at partner imaging centre</p>	<p><b>AED 1,000</b> Per scan · partner centre</p>
<p><b>Carotid Doppler</b> Ultrasound assessment of carotid artery blood flow and plaque risk</p>	<p><b>AED 1,500</b> Per scan · partner centre</p>
<p><b>Any X-Ray</b> Standard radiographic imaging at partner facility</p>	<p><b>AED 500</b> Per scan · partner centre</p>
<p><b>MEDICAL INTERVENTIONS (IN-HOME)</b></p>	
<p><b>IV Drip — Standard</b> Any standard longevity or recovery IV drip, administered at home by a clinical nurse</p>	<p><b>AED 800</b> Per drip · concierge</p>
<p><b>IV Drip — Customised</b> Bespoke IV formulation designed around your bloodwork and goals</p>	<p><b>AED 1,200</b> Per drip · concierge</p>
<p><b>NAD+ IV Drip</b> High-dose NAD+ infusion for cellular energy, DNA repair, and cognitive function</p>	<p><b>AED 800</b> Per drip · concierge</p>
<p><b>Stem Cell IV</b> Intravenous stem cell therapy for systemic regeneration and longevity</p>	<p><b>AED 30,000</b> Full treatment · at clinic</p>
<p><b>Hormone Optimisation (BHRT / TRT)</b> Bioidentical hormone replacement therapy — designed, prescribed, and managed by your physician</p>	<p><b>AED 4,000–7,800</b> Annual management fee</p>
<p><b>Senolytic Protocols</b> Targeted senescent cell clearance using pharmaceutical and supplement protocols</p>	<p><b>AED 1,000–2,500</b> Per protocol</p>
<p><b>Advanced Vaccination &amp; Immunity Audit</b> Comprehensive immunity assessment and personalised vaccination strategy</p>	<p><b>AED 2,500–5,000</b> Per audit</p>
<p><b>Red Light Therapy</b> Photobiomodulation session — cellular recovery, inflammation, and skin health</p>	<p><b>AED 500</b> Per session</p>
<p><b>Hyperbaric Oxygen Therapy</b> Pressurised oxygen session — tissue healing, brain performance, and longevity</p>	<p><b>AED 500</b> Per session</p>
<p><b>Hydrogen Therapy</b> Molecular hydrogen inhalation for antioxidant and anti-inflammatory effect</p>	<p><b>AED 500</b> Per session</p>
<p><b>Ionic Bath (Metal Detox)</b> Electrolytic footbath for heavy metal and toxin elimination support</p>	<p><b>AED 500</b> Per session</p>

PEPTIDE THERAPY

Peptide Therapy — Management

Full physician oversight — prescribed, supervised, compounded by our DHA-approved pharmacy

**On request**

Per 6–12 week cycle

**AOD-9604**

Fat metabolism and tissue repair peptide

**AED 880**

3ml pen

**BPC-157**

Gut healing, tissue repair, and anti-inflammatory peptide

**AED 950**

3ml pen

**CJC-1295 / Ipamorelin (combined)**

Growth hormone release and sleep quality — popular longevity stack

**AED 1,450**

3ml pen

**CJC-1295**

Growth hormone releasing hormone analogue

**AED 950**

3ml pen

**DSIP**

Delta sleep-inducing peptide for deep sleep architecture

**AED 1,250**

3ml pen

**Epithalon**

Telomere lengthening and pineal gland peptide — anti-ageing

**AED 1,750**

3ml pen

**GHK-Cu**

Copper peptide for skin repair, hair, and collagen synthesis

**AED 950**

3ml pen

**IGF-1 LR3**

Insulin-like growth factor — muscle repair and metabolic function

**AED 950**

3ml pen

**Ipamorelin**

Growth hormone secretagogue with minimal side effects

**AED 1,200**

3ml pen

**Kisspeptin (3mg)**

Hormone-regulating peptide supporting fertility and testosterone

**AED 1,450**

3ml pen

**MOTS-C**

Mitochondrial peptide — metabolic flexibility and longevity

**AED 3,500**

3ml pen

**PT-141 (20mg)**

Sexual health and libido peptide for men and women

**AED 1,200**

2ml pen

**Sermorelin**

Growth hormone releasing peptide — lean body and sleep

**AED 1,350**

3ml pen

**Thymosin Alpha-1**

Immune modulation and anti-viral peptide

**AED 1,150**

3ml pen

**Thymosin Beta-4**

Tissue healing, inflammation, and cardiac protection

**AED 1,150**

3ml pen

**TB-500**

Injury recovery and musculoskeletal repair peptide

**AED 1,150**

3ml pen

**Tesamorelin**

Visceral fat reduction and GH stimulation peptide

**AED 7,500**

3ml pen

<p><b>hCG (5,000 IU)</b> Human chorionic gonadotropin — hormonal support and TRT adjunct</p>	<p><b>AED 1,150</b> 2ml pen</p>
<p><b>Selank (nasal)</b> Anxiolytic and nootropic peptide nasal spray</p>	<p><b>AED 1,250</b> 4ml spray</p>
<p><b>Semax (nasal)</b> Cognitive enhancement and neuroprotective nasal spray</p>	<p><b>AED 1,250</b> 4ml spray</p>
<p><b>PT-141 (10mg nasal)</b> Sexual health nasal spray — men and women</p>	<p><b>AED 1,250</b> 15ml spray</p>
<p><b>NAD+ (1,500mg nasal)</b> High-dose NAD nasal spray for brain energy and cellular repair</p>	<p><b>AED 2,250</b> 15ml spray</p>
<p><b>NAD+ (1,000mg nasal)</b> NAD nasal spray for daily cognitive and energy maintenance</p>	<p><b>AED 1,750</b> 10ml spray</p>
<p><b>Oxytocin (5–15 IU nasal)</b> Bonding, stress regulation, and social wellbeing peptide</p>	<p><b>AED 600</b> 15ml spray</p>
<p><b>Oxytocin (20–35 IU nasal)</b></p>	<p><b>AED 800</b> 15ml spray</p>
<p><b>Oxytocin (40 IU nasal)</b></p>	<p><b>AED 1,000</b> 15ml spray</p>
<p><b>Oxytocin (50 IU nasal)</b></p>	<p><b>AED 1,200</b> 15ml spray</p>
<p><b>Kisspeptin (10mg nasal)</b> Hormone optimisation and fertility support nasal spray</p>	<p><b>AED 2,250</b> 10ml spray</p>

**NUTRITION & SUPPLEMENTATION**

<p><b>Precision Nutrition Planning</b> Blood-based nutrition plan — metabolic markers, hormones, and genetic data</p>	<p><b>AED 700</b> Initial plan</p>
<p><b>Metabolic Flexibility Protocol</b> Phased dietary protocol to restore fat and carbohydrate burning efficiency</p>	<p><b>AED 750</b> Per phase</p>
<p><b>Bespoke Supplement Design</b> Personalised supplement stack from your bloodwork — not off-the-shelf</p>	<p><b>AED 900</b> Design fee · supplements extra</p>
<p><b>Nutrition Consultation</b> One-to-one session with our nutrition specialist</p>	<p><b>AED 500</b> Per session</p>

**PHYSICAL & COGNITIVE PERFORMANCE**

<p><b>Concierge Personal Training</b> Strength, Zone 2 cardio, or functional fitness sessions at home</p>	<p><b>AED 750</b> Per session</p>
<p><b>In-Home Physiotherapy</b> Injury rehab, mobility, posture, and movement therapy at your home</p>	<p><b>AED 600</b> Per session</p>

<p><b>Psychotherapy — at Home</b> In-person psychological therapy with a licensed therapist</p>	<p><b>AED 1,450</b> Per session</p>
<p><b>Psychotherapy — Online</b> Video psychotherapy with a licensed therapist</p>	<p><b>AED 750</b> Per session</p>
<p><b>Cognitive Function Assessment</b> Neuro-efficiency testing — memory, processing speed, focus</p>	<p><b>AED 950</b> Per assessment</p>
<p><b>Sleep Architecture Optimisation</b> Comprehensive sleep study and personalised sleep protocol</p>	<p><b>AED 3,000</b> Study + strategy</p>
<p><b>Life Coach (Longevity-Focused)</b> Accountability, habit architecture, and mindset coaching</p>	<p><b>AED 500</b> Per session</p>
<p><b>Physical Trainer Consultation</b> Initial fitness assessment and programme design</p>	<p><b>AED 500</b> Per session</p>
<p><b>MONITORING &amp; STRATEGY</b></p>	
<p><b>24/7 Remote Patient Monitoring</b> Wearable-based continuous monitoring with physician oversight and real-time alerts</p>	<p><b>AED 850</b> Monthly subscription</p>
<p><b>Quarterly Medical Longevity Audit</b> Full review of all biomarkers, wearable data, and protocol performance</p>	<p><b>AED 4,850</b> Per quarter</p>
<p><b>Healthspan Roadmap — Annual</b> Comprehensive annual strategy session with your Medical Board</p>	<p><b>AED 6,850</b> Annual</p>
<p><b>Medical Family Office — Retainer</b> Fully managed, always-on healthcare for individuals and families</p>	<p><b>From AED 15,000</b> Annual retainer</p>
<p><b>Weight Loss Management Consultation</b> Dedicated consultation for medically supervised weight loss programme design</p>	<p><b>AED 500</b> Per session</p>