DIAGNOSTICS & BIOMAPPING

Home Consultation + Questionnaire Initial health intake at your home, with clinical questionnaire reviewed by your physician	**AED 750** Per consultation · concierge
Home Consultation + Biomarkers Same as above, plus a targeted biomarker draw	**AED 1,000** Per consultation · concierge
Online Consultation (GP / Functional) Video consultation with a general practitioner or functional doctor	**AED 600** Per session
Comprehensive Longevity Blood Panel 120+ biomarkers — cardiovascular, hormonal, metabolic, inflammatory, and longevity markers	**AED 1,000** Per test · full report included
VO2 Max & Metabolic Rate Testing Clinical-grade PNOE breath analysis — biological age, VO2 max, fat-burn efficiency, RMR	**AED 1,000** Per session · concierge
Body Composition Analysis (Simple) In-home scan covering muscle mass, fat distribution, and visceral fat	**AED 500** Per scan · concierge
Body Composition Analysis (Advanced) Clinical-grade DEXA scan at partner facility	**AED 500** Per scan · partner clinic
Epigenetic Age Testing DNA methylation analysis revealing your biological age down to tissue level	**AED 3,500** Per test · full report included
DNA & Nutrigenomic Mapping Genetic analysis — metabolism, nutrition response, inflammation, longevity variants	**AED 3,500** Per test · lifetime test
Epigenetic + DNA Combined Full epigenetic age and nutrigenomic profile — the complete genetic picture	**AED 6,000** Combined package
Continuous Glucose Monitoring (CGM) Wearable sensor tracking real-time blood sugar response to food, exercise, and stress	**AED 2,000** 2-week sensor · concierge
Gut Microbiome Mapping Full microbiome analysis — diversity, dysbiosis, inflammation risk, personalised nutrition insights	**AED 3,000** Per test
Retinal Scan Non-invasive eye scan — early vascular and neurological markers	**AED 500** Per scan · concierge
Oligo Scan Spectrophotometric scan of heavy metals, oxidative stress, and mineral balance	**AED 750** Per scan · concierge
Electrocardiogram (ECG) at Home Clinical-grade heart rhythm and electrical activity recording at your home	**AED 1,500** Per scan · concierge
24hr Blood Pressure Monitoring Ambulatory BP cuff worn for 24 hours — true resting and active readings	**AED 3,000** Per session
MRI Full Body Scan Whole-body MRI for structural screening of organs, spine, and soft tissue	**AED 6,500** Per scan · partner centre
CT Scan Full Body Full-body CT for comprehensive anatomical assessment	**AED 3,500** Per scan · partner centre

Coronary CT Angiography with AI AI-assisted coronary imaging for early cardiac risk detection	**AED 4,000** Per scan · partner centre
Brain Mapping Advanced neural imaging and cognitive performance baseline	**AED 3,000** Per scan · partner centre
USG Whole Abdomen Ultrasound scan of abdominal organs	**AED 1,500** Per scan · partner centre
Breast Ultrasound Ultrasound screening for breast tissue assessment	**AED 1,000** Per scan · partner centre
Mammogram Mammographic screening at partner imaging centre	**AED 1,000** Per scan · partner centre
Carotid Doppler Ultrasound assessment of carotid artery blood flow and plaque risk	**AED 1,500** Per scan · partner centre
Any X-Ray Standard radiographic imaging at partner facility	**AED 500** Per scan · partner centre

MEDICAL INTERVENTIONS (IN-HOME)

IV Drip — Standard Any standard longevity or recovery IV drip, administered at home by a clinical nurse	**AED 800** Per drip · concierge
IV Drip — Customised Bespoke IV formulation designed around your bloodwork and goals	**AED 1,200** Per drip · concierge
NAD+ IV Drip High-dose NAD+ infusion for cellular energy, DNA repair, and cognitive function	**AED 800** Per drip · concierge
Stem Cell IV Intravenous stem cell therapy for systemic regeneration and longevity	**AED 30,000** Full treatment · at clinic
Hormone Optimisation (BHRT / TRT) Bioidentical hormone replacement therapy — designed, prescribed, and managed by your physician	**AED 4,000–7,800** Annual management fee
Senolytic Protocols Targeted senescent cell clearance using pharmaceutical and supplement protocols	**AED 1,000–2,500** Per protocol
Advanced Vaccination & Immunity Audit Comprehensive immunity assessment and personalised vaccination strategy	**AED 2,500–5,000** Per audit
Red Light Therapy Photobiomodulation session — cellular recovery, inflammation, and skin health	**AED 500** Per session
Hyperbaric Oxygen Therapy Pressurised oxygen session — tissue healing, brain performance, and longevity	**AED 500** Per session
Hydrogen Therapy Molecular hydrogen inhalation for antioxidant and anti-inflammatory effect	**AED 500** Per session
Ionic Bath (Metal Detox) Electrolytic footbath for heavy metal and toxin elimination support	**AED 500** Per session

NUTRITION & SUPPLEMENTATION

Precision Nutrition Planning Blood-based nutrition plan — metabolic markers, hormones, and genetic data	**AED 700** Initial plan
Metabolic Flexibility Protocol Phased dietary protocol to restore fat and carbohydrate burning efficiency	**AED 750** Per phase
Bespoke Supplement Design Personalised supplement stack from your bloodwork — not off-the-shelf	**AED 900** Design fee · supplements extra
Nutrition Consultation One-to-one session with our nutrition specialist	**AED 500** Per session

PHYSICAL & COGNITIVE PERFORMANCE

Concierge Personal Training Strength, Zone 2 cardio, or functional fitness sessions at home	**AED 750** Per session
In-Home Physiotherapy Injury rehab, mobility, posture, and movement therapy at your home	**AED 600** Per session
Psychotherapy — at Home In-person psychological therapy with a licensed therapist	**AED 1,450** Per session
Psychotherapy — Online Video psychotherapy with a licensed therapist	**AED 750** Per session
Cognitive Function Assessment Neuro-efficiency testing — memory, processing speed, focus	**AED 950** Per assessment
Sleep Architecture Optimisation Comprehensive sleep study and personalised sleep protocol	**AED 3,000** Study + strategy
Life Coach (Longevity-Focused) Accountability, habit architecture, and mindset coaching	**AED 500** Per session
Physical Trainer Consultation Initial fitness assessment and programme design	**AED 500** Per session

MONITORING & STRATEGY

24/7 Remote Patient Monitoring Wearable-based continuous monitoring with physician oversight and real-time alerts	**AED 850** Monthly subscription
Quarterly Medical Longevity Audit Full review of all biomarkers, wearable data, and protocol performance	**AED 4,850** Per quarter
Healthspan Roadmap — Annual Comprehensive annual strategy session with your Medical Board	**AED 6,850** Annual
Medical Family Office — Retainer Fully managed, always-on healthcare for individuals and families	**From AED 15,000** Annual retainer
Weight Loss Management Consultation Dedicated consultation for medically supervised weight loss programme design	**AED 500** Per session